



## Become a SAFE SITTER!

Safe Sitter is a medically accurate child care curriculum designed for 11 to 13 year olds. This course teaches safe and nurturing child care techniques, behavior management skills, and appropriate responses to medical emergencies.

In a Safe Sitter class, students learn through discussion, practice, and role play about a wide variety of topics, including:

- practical child care techniques
- safety precautions
- care of a choking infant/child
- recognizing emergencies
- calling for emergency help
- managing common problem behaviors.

Safe Sitter classes are held through the Center for Childhood Injury Prevention at Texas Children's Hospital. A fee of \$35.00 covers the 1 day program and all program materials. Students will need to bring a sack lunch and drink.

Dates	Location	Time
November 13, 2010	Medical Center – John P. McGovern Campus 2450 Holcombe Blvd, Suite 34L Houston, TX 77021	9:00am-4:00pm

For more information or for a registration packet for your son, daughter, or neighborhood babysitter, please email Seema Patel at [sppatel@texaschildrens.org](mailto:sppatel@texaschildrens.org) or call 832-828-1308.

